

From the desk of *Donna Alexander, Program Chair*

Hello ASG Contra Costa and Greater Bay Area Sewing Friends!

SATURDAY, JULY 24, 2021

12PM to 3PM PST

BORO AND SASHIKO

With Julianne Bramson and Carol deBoer

Stitch along with Carol and Julianne as they dip into the origin of visible mending in the form of the Japanese techniques of Boro and Sashiko. They will show modern interpretations with many samples. Students will stitch a small sampler to demonstrate mending techniques in the style of Boro. If you prefer, bring your own project to mend instead of making a sampler. Julianne and Carol will discuss their favorite techniques, tools, and inspirations. A handout with some basic stitching instructions will be sent out after registration. There will be time for questions from students who want advice on how to mend their precious items.

Supply List:

*Sashiko Needle or any long needle (1 ½" – 2"), thin, sharp, and has a big eye

*Needle Threader

*Thread: Sashiko Thread or Perle Cotton #8 or Cotton Embroidery Floss. Please avoid silk or rayon embroidery thread unless you are familiar working with it.

*Fabrics for sample: 6" x 8" piece of cotton/rayon/linen fabric that is soft and easy to stitch through. Also fabrics to use for patches that are similar in weight and softness to your main fabric. Denim or canvas is ok if you feel comfortable stitching through it.

*Scissors

*Thimble – your preference - especially important if using denim or canvas fabrics

*Pincushion – so you don't lose your needles

*Pins, or Wonder Clips, or Glue Stick (your choice)

Optional: hand sewing needle and regular thread in a contrasting color to use for basting

Optional: Thread conditioner or beeswax (Julianne likes Burt's Bees lip balm)

Optional: Chalk and ruler to mark stitching lines

Supply resources on next page:



Many of the items needed can be found at the following resources:

WaWak: Quick shipping! <https://www.wawak.com/search-results/?q=sashiko>

Kimono Momo is THE source for sashiko supplies. In Alameda, but shop still closed for Covid. Quick shipping!!! https://www.etsy.com/shop/kimonomomo?ref=simple-shop-header-name&listing_id=124259828§ion_id=13109928

Piedmont Fabrics in Oakland: <https://piedmontfabrics.com/> Open with limited capacity for IN PERSON SHOPPING. A small shop with high quality fabrics and notions.

New Pieces Quilt Shop in Berkley: Open limited hours (masks required) for IN PERSON SHOPPING. They have Sashiko needles, thread, thimble and more.
<http://www.newpieces.com/index.php>

Bay Quilts in Richmond <https://www.sfbayquilts.com/> has needles and thread. They also have a nice selection of Japanese textiles, quilt displays, dolls, great fabric... a FUN place to visit and they are OPEN FOR IN-PERSON SHOPPING!

Lacis in Berkeley is not open for in-person shopping but they are well stocked for all things stitching related. <https://www.lacis.com/> Search for Sashiko to see a great selection of items.

A Verb For Keeping Warm is a delightful shop in Berkeley that is doing online orders for shipping and curbside pickup. They have many items, including hand-dyed sashiko thread. <https://www.averbforkeepingwarm.com/search?q=sashiko&search-button.x=0&search-button.y=0>

Hello Stitch Studio: Sewing/Quilting/Classes and supplies. They have a large selection of sashiko supplies. Open for curbside pickup and maybe shopping by appointment.
<https://www.hellostitchstudio.com/sashiko-and-embroidery>

Stonemountain & Daughter Fabric: <https://stonemountainfabric.com/> many items! Search for sashiko to see needles, printed fabric, thread, etc. Online only with shipping or curbside pickup.

Wooden Gate Quilt Shop in Danville. Needles, thimbles, and other embroidery supplies
<https://www.woodengatequilts.com/>

Feel free to email Julianne (juliannebramson@gmail.com) or Carol (caroldeb38@gmail.com) with any questions about the class or the supply list